

# Pathways

Support for child, infant and pregnancy loss

Volume 1, Issue 3

## From Regina's Desk

January was a whirlwind month for me. Besides my regular responsibilities, I was able to spend 7 days in Haiti with a mission and medical team.

We stayed at an orphanage about 4 hours drive from Port au Prince. We conducted medical clinics during the day and played with the orphans in the evenings.

On the last day of clinics, I met a young mother whose 1-month-old child had recently passed away. I was moved by her story and was able to relate to her in a special way.

I was reminded again that even though all our stories are different, and in the case of this mother, we were worlds apart, our grieving mother's hearts connect in a special way.

Today, I am preparing a board report for our first quarterly board meeting of 2013. In the report, I give an update of how many new connections we make between each meeting.

Since our October meeting, we have connected with 15 families that have experienced the death of a child and pregnancy

losses.

We initiate those connections by sending a card and a newsletter. Some families then become involved in one-on-one and ongoing support. Our goal is to be available to all bereaved families on whatever level they most need us. Most importantly, we want all those grieving the death of a child to know "You're Not Alone."

Our peer parent support and sibling and grandparent support is continually growing. Families within our group *want* to hear your story and shoulder your grief with you. We also have a number of professional resources available upon request.

In conversation with a newly bereaved mom, she said time and time again that she was always the kind of person who could pick herself up by the boot straps. But since the death of her teenage daughter, her bootstraps have broken. She has realized she cannot bear this grief alone.

*That's why we're here...* "because the path of grief after losing a child should never be walked alone."



February 2013						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Miss our last newsletter?  
All our newsletters can be viewed on our website or you may contact our office for a hard copy.

## Welcome Kassandra

*Regina's Note: Thanks to a grant from an anonymous donor for a part-time employee, Kassandra Lambert has been working in our office several hours a week. She continues to be wonderful help in getting/keeping me organized. Kassandra writes...*



I am a 19 year old resident of Harrisonburg. I have been a part of the Sadie Rose Foundation since its start in 2008. Having lost a brother & a sister, my understanding of their mission is that much

stronger.

In addition to my work with the Sadie Rose Foundation, I am also employed part time by Mr. J's. I am part of the music team, and help run the soundboard and computer and have several other responsibilities at our church, New Life of the Shenandoah Valley.

In my free time I enjoy reading and sewing, which has lead to Kassandra's Krafts, a Facebook-based business. I use my current American Sign Language skills to translate my church's worship service and would like to further my education in the hopes of increasing translating opportunities.

### Inside

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# Thank You

## January Donors

*At time of newsletter printing*

Serena Ryman  
Dale Whetzel  
Walmart VAP

## Volunteers

**January Newsletter**—Thanks to Madelynn Jordan for helping fold and mail the January newsletters.

Thanks to Tanya Bennett for being responsible for the SRF cell phone while I was in Haiti.

Thanks to Walmart employee, Frank Bennett, for turning in volunteer hours with the SRF in which we in turn received a grant.

## Doughnut Sale Fundraiser

Special thanks to everyone who helped with the doughnut sale fundraiser.

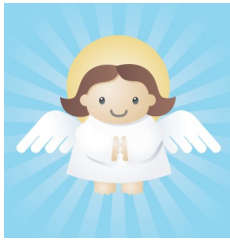
**Doughnut makers**—Reba Kline, Edie Henry, Loni Kirklin, Amy Jordan, Stephanie Liskey, Ethel Kimmell, Becky Hummel, Regina Orebaugh, Jane Cyzick, Andy Cyzick, Kirsten Cyzick and Madelynn Jordan.

Thanks to Naomi Lambert, Katrina Lambert, (and Kora and Kya Lambert,) for hanging out at the office so people could pick up doughnuts there.

Thanks to these businesses for allowing us to hang flyers announcing the doughnut fundraiser.

Mane Street Salon  
Dayton Police Department  
New2Me Consignments  
Primrose House  
Dayton Church of the Brethren  
BB&T—Dayton  
Mr. J's  
Dayton Farmer's Market  
Heritage Farmer's Market  
Costco

*We want to thank our donors, sponsors and volunteers. Please specify if you want to remain anonymous either as a volunteer or a donor, otherwise we will include your name in the newsletter.*



We are receiving multiple requests for a miscarriage support group. If you are interested in helping lead a miscarriage support group, please contact Regina at [regina@sadierosefoundation.org](mailto:regina@sadierosefoundation.org) or 540-810-4351.

## Did you Know?

- ◆ You can subscribe to our website posts so you can keep up with all our activities. Just go to our website and on the left hand side you will see a place where you can subscribe. You will receive an email each time we post. Don't worry, we won't flood your inbox, but you will know what's going on in our organization.
- ◆ You can also make a donation through our website. You can make either a one-time donation or set it up to withdraw a specific amount from your checking account monthly.
- ◆ All our outreach, support, services, and ceremonies are offered free of charge.
- ◆ Because of our dedicated group of volunteers, someone is available to chat, text, Facebook with you 24/7. (We understand, as bereaved families ourselves, that grief doesn't always manifest at "convenient" times.)
- ◆ You can go to our website and click on the "Support Group" button. Click on the link for the "Sunday Night Support Chat" and ask questions or leave a comment at any time. Someone will get back with you shortly. Although that is the link we use for our Sunday evening support chats, the forum is open all the time. We receive an email each time something is posted there so we can respond within a short period of time.
- ◆ Many people within our group connect on Facebook. We have a public page where anyone/everyone can "like" us and a private group where you have to be approved to join. Both pages are great ways to stay in touch with upcoming events. They also help us connect to individual parents as we feel comfortable.

## Parents who are willing to talk if you are interested

Frank Bennett—540-3839082—lost infant. Frank also has a bereaved dad's support forum on Facebook called "Daddy's Breath."

Tanya Bennett—540-383-9077—also on Facebook. Lost infant

Daniel and Naomi Lambert—540-433-8894—lost two infants. Also have teenagers as sibling support

Anita Thompson—540-209-4075—also on Facebook. Grandparent/parent support

Lee Harlow—540-480-4928 and Regina Harlow—540-810-4351—also on Facebook. Lost infant

Suzu LaBonte—540-833-4185—HopeForLife@juno.com. Lost teenager. Hosts a support group called "Lanterns of Hope" for those who have lost a loved one to suicide.

*If you would like to be added to this list as a volunteer support contact, please contact us.*

## February Remembrances

Name:	Parents	DOB	DOD
Micah Isaiah Rhodes	Wes & Stephanie	02/04/11	02/04/11
Brody Teegan Rodriguez	Ed and Sara	02/04/08	7/7/2008
Serenity Hope Weller	Keith Weller and Christina Myers	2/6/2012	3/7/2012
Mason Keyser	Michael and Carmina	2/6/2010	2/6/2010
Troy Allen McDaniel		19-years-old	2/10/2012
Weseman	Nick and Renee	02/01/11	2/1/2011
Camden Katherine Lafkin	Cameron & Elly	02/14/12	05/17/12
Maggie Ryman	John and Serena	2/15/2007	11/21/2008
Nichole Nicholson	Grandparents—Everette and Barbara	4/1/1991	2/16/2009
Colton Mowbray	Derek and Malisa	2/18/2009	2/28/2009
Christine Hobbs	Jeff and Phyllis	10/13/2007	2/19/2009
John Douglas Seal	Chuck and Joy Belle	2/20/2011	2/20/2011
Cheyenne Mullen	Clarence E. "Eddie"	2/22/2001	12/7/2012
	Jennifer Jones & Ray Boggs		
Victoria Marciewicz	Sister—Katelyn Marciewicz	1/31/1994	2/25/2011
Richard Firebaugh	Gary and Lynell	2/28/1992	3/20/2012

*Please take time to remember these families and their children gone too soon.*

*To submit your child's information or to correct or complete missing information, email [sadieroseoffice@gmail.com](mailto:sadieroseoffice@gmail.com) or call 540-810-0307.*

## Calendar of Events

**Feb 14: Valentine's Coffee**, Sadie Rose office, 10 a.m. – 12 p.m. Join us for this special edition of our monthly morning coffee. We have will special ways of remembering our children on this day.

**Feb 22: Monthly Support Meeting**, Dayton Church of the Brethren, 7 p.m. Park in the back of the building (directly across from Cargill) and enter the double glass doors. Go straight ahead to kitchen/fellowship hall. Childcare available.

**Mar 14: Informal Coffee**, at the Sadie Rose office, 10 a.m. – 12 p.m. Come-and-go-as-you-please. Coffee and light refreshments provided. For those looking for support as well as for those interested in learning more about the Sadie Rose Foundation.

**Mar 22: Monthly Support Meeting**, Dayton Church of the

Brethren, 7 p.m. Park in the back of the building (directly across from Cargill) and enter the double glass doors. Go straight ahead to kitchen/fellowship hall. Childcare available.

**Weekly Online Support Chat**, Sundays, 9 p.m. EST. To participate, visit our website and click on the large "Support Group" button on the right sidebar.

**Looking Ahead:**

**June 28: Memorial Picnic and Balloon Release**

*For more information about any of our events or to volunteer, please write, email or call us: P.O. Box 382 Dayton, VA 22821, 540-810-0307 or [info-assistance@sadierosefoundation.org](mailto:info-assistance@sadierosefoundation.org).*

## The Sadie Rose Foundation

P.O. Box 382  
Dayton, VA 22821

Phone: 540-810-0307  
Cell: 540-810-4351  
E-mail: [info-assistance@sadierosefoundation.org](mailto:info-assistance@sadierosefoundation.org)

**Learn more at  
[www.sadierosefoundation.org](http://www.sadierosefoundation.org)**

**You're Not Alone!**

The Sadie Rose Foundation is a non-profit organization that offers support to families that have lost a child. All our support and outreach is free of charge. For a complete list of our services, visit our website or contact our office.

The Sadie Rose Foundation  
P.O. Box 382  
Dayton, VA 22821